

Handbook Of Group Counseling And Psychotherapy

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The Counselling and Psychotherapy Research Handbook - Andreas Vossler 2014-10-16
Research is a vital and often daunting component of many counselling and psychotherapy courses. As well as completing their own research projects, trainees across modalities must understand the research in the field – what it tells them and how to do it. Breaking down this seemingly mountainous task into easy to swallow pieces, this book will navigate your students through each stage of the research process, from choosing a research question, through the pros and cons of different methods, to data analysis and writing up their findings. Written by leading contributors from the field including John McLeod, Mick Cooper and Tim Bond, each chapter features points for reflection, engaging activities and suggestions for further reading, helping students to engage with all aspects of research. An original graphic narrative runs throughout the book, bringing this complex topic to life in a unique way. Whether embarking on research for the first time or already a little familiar with research and research methods, this unique guide is something counselling and psychotherapy students will turn to continually throughout their research projects.

Handbook of Group Counseling and Psychotherapy - Janice L. DeLucia-Waack
2013-12-02

The most comprehensive and thoroughly researched text available on this topic, *Handbook of Group Counseling and Psychotherapy, Second Edition* underscores the notion that group work is improved through increased collaboration between researchers and practitioners. Edited by renowned leaders in the field, this thoroughly updated and revised Second Edition explores current literature and research and offers suggestions for practice in psycho-educational, counseling, and therapy groups. The Handbook is divided into five main sections: current and historical perspectives, best practices, multicultural and diverse groups, groups in special settings, and an introduction to special topics.

Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents - Ray W. Christner 2007-05-07

This Handbook offers a much-needed resource of theoretical knowledge, evidence-based interventions, and practical guidelines for professionals providing group psychotherapy to youth clients. Written by leading professionals in the field of child and adolescent cognitive-behavioral therapy, this comprehensive volume offers readers a collection of innovative and well established approaches for group interventions with youth in a variety of treatment settings. It addresses a wide range of issues, not limited to assessment, group member selection, and specific protocols and strategies that readers can implement in their own practice. Integrating theoretical and practical aspects, leading experts offer their experience through case examples and vignettes, suggesting guidelines for

overcoming inherent treatment obstacles. This Handbook provides not only a framework for delivering effective group therapy, but also highlights specific problem areas, and it is an invaluable reference for professionals providing therapeutic intervention to children and adolescents.

The Oxford Handbook of Group Counseling - Robert K. Conyne 2011-08-22

Group counseling is a dynamic and valuable treatment device used by therapists throughout the psychological disciplines, one that has proven effective in promoting change and growth in a variety of populations and settings. The Oxford Handbook of Group Counseling takes an innovative approach to this expansive topic, providing both a comprehensive field manual for practitioners and an authoritative reference work for teachers and researchers. Comprising 31 topic-based chapters by leading practitioners and researchers, this handbook covers the full spectrum of current and relevant topics in group counseling, including: - definitions and background - history and efficacy - key change processes (e.g., therapeutic factors, group cohesion, group climate) - group leader strategies and characteristics - new applications for group counseling strategies, including online groups - group counseling with special populations - the future of group counseling With roots in the most recent and relevant literature, The Oxford Handbook of Group Counseling is an ideal text for training programs (counselor education, clinical psychology, social work, or human services) or as a reference for researchers in counseling psychology. Whoever the reader, it a valuable and comprehensive guidebook for both students and practitioners in the growing practice of group counseling.

God Image Handbook for Spiritual Counseling and Psychotherapy - Glendon L. Moriarty 2014-05-01

Learn seven clinical approaches to working with the God image in psychotherapy. Each person has two ideas of God—the God concept and the God image. The God concept is intellectual in nature, while the God image is the subjective emotional experience of God that is shaped by a person's family history. Those who struggle with mental health issues often have a God image that is distant, critical, and judgmental because they had parents who behaved that way. *God Image Handbook for Spiritual Counseling and Psychotherapy: Research, Theory, and Practice* provides therapists with the tools to effectively treat clients who harbor God image issues. This unique manual builds upon strong philosophical and research foundations to offer seven practical clinical approaches to working with the God image in psychotherapy. Leading clinicians and researchers from various disciplines offer expert insight and analysis to provide therapists with in-depth understanding of the God image. *God Image Handbook for Spiritual Counseling and Psychotherapy: Research, Theory, and Practice* comprehensively discusses the

psychodynamic foundation and research that contribute to the understanding of the God image, and then presents seven different theoretical and technical approaches to help those who have personal and religious problems. Case examples illustrate how the God image changes through the therapy process. The guidebook also explores future developments and the implications of race, culture, gender orientation, and economic conditions that impact the God image. Each approach and theory in God Image Handbook for Spiritual Counseling and Psychotherapy: Research, Theory, and Practice examine: background and philosophical assumptions God image development God image difficulties God image change strengths and weaknesses Case examples discuss: client history presenting problem case conceptualization treatment plan interventions duration of treatment termination therapeutic outcomes God Image Handbook for Spiritual Counseling and Psychotherapy: Research, Theory, and Practice is an interdisciplinary guide that provides a holistic understanding of psychological issues and the God image, and is a valuable practical addition to the libraries of psychiatrists, psychologists, counselors, social workers, addiction professionals, clergy, spiritual directors, and pastoral counselors.

The Wiley-Blackwell Handbook of Group Psychotherapy - Jeffrey L. Kleinberg 2015-06-22

Group Psychotherapy "Finally, we have a book about group therapy that answers the question, 'Is there one book that covers the waterfront but is deep enough to provide more than just an overview of models, and can actually help me become a better group therapist?' This is such a book." International Journal of Group Psychotherapy "This volume reflects the expansion in the field of psychodynamic group psychotherapy that today incorporates a variety of theoretical perspectives. Leading experts from various countries provide the reader with a clear overview of the different approaches. In addition, there are chapters in this volume that deal with special populations and conditions of treatment. While providing a straightforward introduction to the plethora of material in the field, the volume will also serve as a comprehensive resource for any seasoned group psychotherapist." Howard D. Kibel, Professor of Psychiatry, New York Medical College and past President of the American Group Psychotherapy Association, USA

The Handbook of Group Psychotherapy is a user-friendly guide to conducting group psychotherapy in various settings and with different populations. It has been designed as a resource for new professionals, including graduate students in mental health, as well as more seasoned clinicians planning to integrate group psychotherapy into their work. Bringing together pre-eminent group psychotherapists from different theoretical perspectives and countries, the articles in this volume present their approaches to conducting groups with diverse populations in different settings. Written in straight-forward, jargon-free language, the articles directly speak to the needs of the mental health professional planning to begin a group or to strengthen an existing group. Whether combined with a formal class in group techniques, human relations, or group dynamics, or in an institute training group practitioners, or read as part of one's own professional development, this work is likely to advance the reader's clinical competency and strengthen their self-confidence as a leader. Using a personal style and speaking from years of experience, the contributors provide hands-on suggestions as to how a group leader really works. From determining patient or client needs, developing treatment goals, and constructing a group, to handling emergencies, the contributors address the needs of the new group leader. The articles also address issues of diversity and globalism, as well as trauma and resiliency, making this a truly post-9/11 contribution.

Handbook of Group Psychotherapy - Addie Fuhrman 1994-06-14

Intended as the group therapy equivalent to Bergin and Garfield's The Handbook of Psychotherapy and Behavior Change. Renowned contributors offer a comprehensive survey of all empirical evidence concerned with process and outcome in group therapy. Contains both general considerations and applications to specific disorders and with determinate populations.

Talking Over the Years - Sandra Evans 2004

'Talking Over the Years' illuminates the psychodynamic theories of the 20th century & turns its attentions to the thorny issues of ageing & the complications of later life. It provides detailed descriptions of psychoanalytic theory together with the use of psychodynamic concepts in clinical practice.

International Counseling - Roy Moodley 2015-05-14

In this book, designed to increase mental health professionals' global literacy, authors from 33 countries demonstrate multicultural skills and competencies through case studies that illustrate approaches to counseling and psychotherapy in their countries. Following an introductory section on the use of case studies, chapters focus on a cross section of countries in Africa; Australia and Asia; Central, North, and South America; Europe; and the Middle East. Each case describes the client and his or her presenting concerns and includes a culture-sensitive assessment and treatment plan, an analysis and critical reflection of the case, and questions for discussion. The final chapter of the text presents a comparative analysis of the cases. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

The Handbook of Group Play Therapy - Daniel S. Sweeney 1999-07-19

Here is a comprehensive guide to of the the most effective anddynamic childhood intervention available to counselors, therapists,teachers, psychologists, and anyone who works with kids. Thishands-on resource applies play therapy theory to a wide variety ofgroup settings and gives therapists insight into treating specialpopulations including sibling groups, children who have beenabused, and children who have experienced the loss of a loved one.Enter a child's world of communication with twenty-five of thecountry's leading play therapy experts as they guide you through amyriad of group play therapy approaches, issues, and techniques.The Handbook of Group Play Therapy gives therapists the tools theyneed to help children as they experience the exhilaration, fear,joy, and frustration in discovering the world around them as theylearn about themselves and others. "The authors have pinpointed a dynamic and developing area oftherapeutic play. . . . a very valuable resource in working withchildren."-Robert C. Berg, professor and assistant chair,Department of Counseling, Development, and Higher Education,University of North Texas

Handbook of Counseling Women - Mary Kopala 2003-07-11

The Handbook of Counseling Women addresses current theories, research, and issues relevant to the mental and physical well-being of women. Edited by Mary Kopala and Merle A. Keitel, this comprehensive volume is divided into three parts. Part One focuses on theoretical, sociocultural, biological, and developmental considerations. Part Two is devoted to assessment, diagnosis, and intervention. Part Three covers supervision, research, and ethics. Most chapters include case studies, recommendations for further reading, and resources for clients. Essential reading for psychologists, social workers, counselors, and psychiatric nurses, this handbook will also appeal to graduate and undergraduate students in

counseling, clinical psychology, and clinical social work courses.

Handbook of Anger Management - Ronald T. Potter-Efron 2005

Provides therapists and counsellors with a comprehensive review of anger and aggression management techniques, presenting specific guidelines to a number of immediately useful methods, detailing treatment options and intervention methods that meet the needs of individual clients, couples, families, and groups. It examines rage, aggression, hostility, resentment, hatred, anger avoidance, and chronic anger and includes fact-based case studies that illustrate effective theory and practice. A process for assessing anger in their clients and determining the reasons for - and the consequences of - anger and aggression is suggested. Individual and group modalities are examined, using behavioural, cognitive, affective, and existential/spiritual treatment approaches to define anger and anger problems and how they relate to social learning, to examine the relationship between anger and aggression and between anger and domestic violence, and to address the concept of "healthy anger." Other topics covered include : four major intervention areas that can help lessen anger; the pros and cons of group versus individual counselling; treating angry children, adolescents, and families; how patterns of resentment and hatred are developed; self-forgiveness; five damaging aspects of anger turned inward; and the neurological aspects of anger.

The Cambridge Handbook of Applied Psychological Ethics - Mark M. Leach 2018-03-15
The Cambridge Handbook of Applied Psychological Ethics is a valuable resource for psychologists and graduate students hoping to further develop their ethical decision making beyond more introductory ethics texts. The book offers real-world ethical vignettes and considerations. Chapters cover a wide range of practice settings, populations, and topics, and are written by scholars in these settings. Chapters focus on the application of ethics to the ethical dilemmas in which mental health and other psychology professionals sometimes find themselves. Each chapter introduces a setting and gives readers a brief understanding of some of the potential ethical issues at hand, before delving deeper into the multiple ethical issues that must be addressed and the ethical principles and standards involved. No other book on the market captures the breadth of ethical issues found in daily practice and focuses entirely on applied ethics in psychology.

The Handbook of Group Research and Practice - Susan A. Wheelan 2005-06-01

Check out sample chapters by clicking on "additional materials" on the left. The Handbook of Group Research and Practice emphasizes the connections among basic research and theory, applied research, and group practice to demonstrate how theory and research translate into methods for working with groups. It is an excellent resource for students, academics, and practitioners in the fields of psychotherapy, psychology, sociology, management, communications, social work, education, and science and technology Key Features: Offers a multidisciplinary and international perspective from international contributors Provides a historical overview of the development of research and group practice Identifies contemporary issues with an emphasis on the research agenda in the field Describes seven different theoretical perspectives on how groups function Addresses both traditional and new methods of studying group research Advances current efforts to increase the understanding of how groups are employed and operate to solve pressing social and individual problems The Handbook of Group Research and Practice is a unique interdisciplinary resource written by world-renowned researchers and practitioners who work with teams and groups in a variety of settings. As a result, this Handbook provides students, academics, and practitioners with the most comprehensive understanding about the latest findings

and issues in group research and practice to date! Talk to the author!

www.gdqassoc.com

Handbook of Counselor Preparation - Garrett McAuliffe 2010-12-01

This definitive single-volume guide is the first of its kind on teaching and developing counselor educator programs that embrace constructivist and developmental theory. Leading scholars and experts offer practical advice on teaching courses in every area of counseling practice. As a result, the book is ideal for current and future counselor educators and supervisors as well as faculty in other helping professions. The authors seek to inspire educators to empower and involve, to risk "losing control" over subject matter, to hear student voices, to pose dilemmas, and to challenge their own assumptions in the presence of their students using constructivist, developmental, and experiential thinking and strategies.

Bergin and Garfield's Handbook of Psychotherapy and Behavior Change - Michael Barkham 2021-10-11

Celebrating the 50th anniversary of a best-selling and renowned reference in psychotherapy research and practice. Now celebrating its 50th anniversary and in its seventh edition, Bergin and Garfield's Handbook of Psychotherapy and Behavior Change, maintains its position as the essential reference volume for psychotherapy research. This bestselling reference remains the most important overview of research findings in psychotherapy. It is a rigorous and evidence-based text for academics, researchers, practitioners, and students. In recognition of the 50th anniversary, this edition contains a Foreword by Allen Bergin while the Handbook covers the following main themes: historical and methodological issues, measuring and evidencing change in efficacy and practice-based research, therapeutic ingredients, therapeutic approaches and formats, increasing precision and scale of delivery, and future directions in the field of psychotherapy research. Chapters have either been completely rewritten and updated or comprise new topics by contributors including: Characteristics of effective therapists Mindfulness and acceptance-based therapies Personalized treatment approaches The internet as a medium for treatment delivery Models of therapy and how to scale up treatment delivery to address unmet needs The newest edition of this renowned Handbook offers state-of-the-art updates to the key areas in psychotherapy research and practice today. Over 60 authors, experts in their fields, from over 10 countries have contributed to this anniversary edition, providing in-depth, measured and insightful summaries of the current field.

Basics of Group Psychotherapy - Harold S. Bernard 1994-08-05

Filling a significant gap in the clinical literature, this unusually practical manual addresses the nuts-and-bolts issues involved in conducting group therapy. Featuring contributions from leading experts in the field, the volume covers everything from determining which patients will benefit from a group experience to step-by-step instructions for running group sessions as effectively as possible. A hands-on manual, the volume is also an ideal companion to a basic text on group psychotherapy. Organized in a unique, logical sequence, the chapters begin with an explanation of how to select patients for a particular group intervention and how groups are composed. The different stages of group interaction over time are then covered in detail, as are the changing aspects of the therapist's role during the various stages. Setting forth basic principles of group technique--including the management of resistance, transference, primitive group dynamics, and countertransference--a clear distinction is drawn between the roles of therapists conducting group treatment and therapists working in other treatment modalities.

Handbook of Group Counseling and Psychotherapy - Janice L. DeLucia-Waack 2004

The Handbook of Group Counseling and Psychotherapy is a comprehensive reference guide for group practitioners and researchers alike. Each chapter reviews the literature and current research as well as suggestions for practice in the psycho-educational arena, counselling, and therapy groups. The Handbook encourages the notion that the field is improved through increased collaboration between researchers and practitioners. Through a review of cutting-edge research and practice, the Handbook includes } 48 articles by renowned experts in group work } the history and theory of group work } topics across the lifespan } an entire section on multicultural issues } a variety of clinical problems and settings } appendices include the Association for Specialists in Group Work Training Standards, Best Practice Standards, and Principles for Diversity-Competent Group Workers The Handbook is divided into seven sections: Current and Historical Perspectives on the Field of Group Counselling and Psychotherapy, reviews and analyzes the many contributions and contributors that have made group counselling and psychotherapy a vital and potent treatment method. The chapter outlines review articles spanning four decades, and outlines the evolution of group themes over the last 100 years. Best Practices in Group Counselling and Psychotherapy uses research, theory, and group counseling experience to provide group leaders and researchers with the most current and best practices in conducting group counseling and psychotherapy. Multicultural Groups follows the ASGW Principles for Diversity-Competent Group Workers and is intended to provide group leaders with essential information about different cultural groups and their world views, perceptions of groups, naturalistic healing methods, suggested group interventions, and implications for groups. Chapters cover Native-Americans, Latinos, Asians, and African-Americans, disabled persons, and gender and sexuality. Groups Across Settings includes examples of psycho-educational, counseling, and psychotherapy groups in a variety of settings. This section presents readers with theoretical and empirical support for group work in such settings as the Veterans Administration system, university counselling centers, and more. Groups Across the Lifespan consist of chapters across many age groups. For children and adolescents, cognitive and developmental issues are addressed. For adults, socialization and interpersonal issues are addressed, including separate chapters for male and female groups. Finally, a chapter on the elderly deals with cognitive, health, and life review issues. Special Topics Groups presents a continuum of different types of groups used to treat people with interpersonal and developmental issues, such as grief, substance abuse, depression, and others. Each chapter in this section provides definitions and descriptions of the issues along with theoretical and empirical support. Finally, Critical Issues and Emerging Topics attempts to reflect the zeitgeist and provide a glimpse into group interventions for the future. Emerging issues, such as online groups, prevention groups, and peer-led mutual help groups receive careful attention and analysis. The Handbook of Group Counseling and Psychotherapy, the first reference devoted to this emerging and rapidly growing field, is essential for academics, researchers, professionals, and librarians serving the group therapy community. There is no similar reference available, and it will prove a landmark volume for years to come.

Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care - David Spiegel 2008-08-01

This extraordinary resource celebrates and expands on Dr. David Spiegel's discovery that a shared intimacy with mortality creates very different concerns in the patient from those that apply in conventional settings. Spiegel and Classen

introduce mental health professionals to the awareness as well as the tools they will need to facilitate groups coping with existential crises. The result is a model for helping that actually helps.

Handbook of Counseling and Psychotherapy in an International Context - Roy Moodley 2013-05-07

Many factors in the world today, such as globalization and a rise in immigration, are increasing the need for mental health practitioners to acquire the ability to interact effectively with people of different cultures. This text will be the most comprehensive volume to address this need to date, exploring the history, philosophy, processes, and trends in counseling and psychotherapy in countries from all regions of the globe. Organized by continent and country, each chapter is written by esteemed scholars drawing on intimate knowledge of their homelands. They explore such topics as their countries' demographics, counselor education programs, current counseling theories and trends, and significant traditional and indigenous treatment and healing methods. This consistent structure facilitates quick and easy comparisons and contrasts across cultures, offering an enhanced understanding of diversity and multicultural competencies. Overall, this text is an invaluable resource for practitioners, researchers, students, and faculty, showing them how to look beyond their own borders and cultures to enhance their counseling practices.

Group Counseling in K-12 Schools - Kenneth R. Greenberg 2003

This comprehensive and practical text on how to conduct Group Counseling in K-12 Schools focuses on practice rather than on the theories and research that underlie group counseling. Group Counseling in Schools covers the topic of group counseling from initiation to termination at all school levels. The text views group counseling as an integral component of a comprehensive guidance and counseling program, covering such topics as the importance of enhancing the visibility of guidance and counseling programs in order to facilitate group counseling; how to encourage cooperation from teachers, administrators, and parents; selecting group topics; screening procedures for prospective group members; developing group plans; determining the size of groups; facilitating the scheduling of group counseling; multicultural issues in group counseling; evaluating group counseling; and professional issues related to group counseling in schools. The text stresses the importance of the school counselor as an active participant in counseling, whether counseling is being done individually or in a group. The role of the active counselor is discussed along with the skills needed for becoming an effective school counselor.

Handbook of Counseling and Psychotherapy with Older Adults - Michael Duffy 1999-07-15

Handbook of Counseling and Psychotherapy with Older Adults Older adults are the fastest-growing segment of society and are entering therapy at an unprecedented rate. Editor Michael Duffy has brought together leading experts in geropsychology and older adult counseling to discuss and offer practice strategies appropriate for this diverse population. The Handbook covers new research findings for clinical treatment, coverage of multiple treatment modalities, and clinical problems confronting older clients, including: * Adjusting to role loss, leisure in late life, and retirement * Developmental issues in psychotherapy with older men * Existential issues of hope and meaning in late life therapy * Developing and enhancing the therapeutic alliance with older clients * The impact of cultural differences in psychotherapy with older clients * Using reminiscence and life review as natural therapeutic strategies in groups * Integrated group approaches

with early stage Alzheimer's and their families * Family disruption after nursing home placement of onset of dementia patients: systemic dynamics and treatment * Realizing power in intergenerational family hierarchies: when older adults decline
Handbook of Counseling Psychology - Steven D. Brown 2008-06-02

This completely revised and updated Fourth Edition of the Handbook of Counseling Psychology presents a cross-disciplinary survey of the entire field?combining a scholarly review of important areas of counseling psychology with current and insightful analyses of topics. The new edition equips you with a leading resource containing the latest information on the prevention and treatment of vocational, educational, and personal adjustment problems.

Group Counseling - Robert C. Berg 2013-01-04

First published in 1979, Group Counseling has consistently been a widely used and praised text, providing both novice and experienced counselors with a framework from which to expand their group counseling skills and knowledge. This fifth edition has been thoroughly revised and updated to reflect the newest work in the field, the 2009 CACREP standards, and the Association for Specialists in Group Work practice standards. As in the previous editions, the authors draw upon their extensive experience and share their own styles of leading groups as a personal and practical way to illustrate the differences in group leadership. Berg, Landreth, and Fall present a thorough discussion of the rationale for using group counseling with an emphasis on the group's role as a preventive environment and as a setting for self-discovery. The authors examine the group facilitator's internal frame of reference and ways to overcome of initial anxiety about leading groups, and they also explore typical problems in the development, facilitation, and termination of the group process and provide suggested solutions. Application of group counseling is considered with children, adolescents, adults, as well as with special populations, such as abused children, juvenile offenders, and individuals with emotional difficulties. A helpful glossary of group counseling terminology provides a quick reference source for important terms. New to this edition are a chapter on diversity and social justice in group work an expanded chapter on co-leadership, a topic often ignored in other group counseling texts separate chapters on group work with children and group work with adolescents so that reader can focus more easily on the unique aspects of working with each population a chapter on evaluating groups at the leader, group, and individual member levels. A collection of supplemental resources is available online to benefit both instructors and students. Instructors will find PowerPoint slides and test banks to aid in conducting their courses, and students can access questions for thought and reflection to supplement their review of the chapters in the text. These materials can be accessed at www.routledgejournalhealth.com/cw/Berg ?

Theory and Practice of Counseling and Psychotherapy - Gerald Corey 2016-01-01

Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases (Stan and Gwen). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Handbook of Group Counseling and Psychotherapy - Janice L. DeLucia-Waack 2013-12-02

The most comprehensive and thoroughly researched text available on this topic, Handbook of Group Counseling and Psychotherapy, Second Edition underscores the notion that group work is improved through increased collaboration between researchers and practitioners. Edited by renowned leaders in the field, this thoroughly updated and revised Second Edition explores current literature and research and offers suggestions for practice in psycho-educational, counseling, and therapy groups. The Handbook is divided into five main sections: current and historical perspectives, best practices, multicultural and diverse groups, groups in special settings, and an introduction to special topics.

International Handbook of Cross-Cultural Counseling - Lawrence H. Gerstein 2009-07-24

The Handbook of International Counseling is an effort to bring together the current practices, values, attitudes and beliefs about counseling from countries around the globe. The editors have selected leading experts in the field of counseling in a wide and culturally representative group of countries throughout the world. This book will be the first volume that undertakes such an ambitious goal in the field of counseling.

The SAGE Handbook of Counselling and Psychotherapy - Colin Feltham 2012-01-20

Electronic Inspection Copy available for instructors here 'At about 700 pages and with contributions from more than 100 authors the editors have shown considerable skill, not to mention application, in sculpting a text that is economically delivered and lucid in its writing' - Dave Mearns, Professor Emeritus, University of Strathclyde, Glasgow 'The field of counselling and psychotherapy moves on but The Sage Handbook of Counselling and Psychotherapy keeps up!' - Professor Sue Wheeler, Director of the Doctoral Programme, Institute of Lifelong Learning, University of Leicester 'This book is the definitive text on the theory and practice of counselling and psychotherapy. The editors are to be commended!' - Professor Robert Bor CPsychol FBPsS CSci UKCP Reg FRAeS, Lead Consultant Clinical, Counselling & Health Psychologist, Royal Free Hospital and Co-Director, Dynamic Change Consultants www.dccclinical.com 'The what's what from the who's who in counselling in psychotherapy' - Professor Del Loewenthal, RCTE, University of Roehampton This long-awaited third edition brings together the fundamentals of counselling and psychotherapy theory, research, skills and practice. It addresses what every successful trainee or practitioner needs to know, do, think, feel, and use in a way that is entirely comprehensive, accessible and jargon-free. Including new material on interpersonal psychotherapy, cognitive analytic therapy, pluralistic therapy and mindfulness, as well as body psychotherapy, hypnotherapy, Asperger Syndrome, ADHD, and low self-esteem, this book continues to be essential reading for trainees or experienced practitioners alike. Colin Feltham is Emeritus Professor of Critical Counselling Studies, Sheffield Hallam University, Fellow of the British Association for Counselling and Psychotherapy, BACP Senior Registered Practitioner and former co-editor of the British Journal for Guidance and Counselling. Ian Horton is now retired and was Principal Lecturer in Counselling and Psychotherapy at University of East London, Chair of the UKRC Executive, a BACP accredited counsellor and UKRC registered independent counsellor. He is a fellow of the BACP.

Group Counseling and Psychotherapy With Children and Adolescents - Zipora Shechtman 2017-09-25

Many children and adolescents face developmental or situational difficulties in

areas where they live most of their meaningful experiences—at home, at school, and in the community. While adults who struggle with life events and stressors may look to professional help, young individuals are quite alone in coping with these situations. Perhaps unsurprisingly, most children and adolescents typically do not seek such help, and often resist it when offered. Author Zipora Shechtman has written this detailed text advocating group counseling and psychotherapy as a viable means of addressing these issues if we are to ensure the psychological wellness of children in society. *Group Counseling and Psychotherapy With Children and Adolescents* is arranged in four parts. Its chapters explore topics including: *who needs group counseling and psychotherapy; *therapeutic factors in children's groups; *activities in the group; *pre-group planning and forming a group; and *how to enhance emotional experiencing and group support. This text is a principal source of information for counseling psychology students, researchers, and practitioners working with young people, in addition to social workers, teachers, and parents.

The Oxford Handbook of Group Counseling - Robert K. Conyne 2010

The Oxford Handbook of Group Counseling contains the most current and comprehensive information about group counseling, edited and authored by esteemed scholars and leaders in the field. Contents cover group counseling's context, key change processes, research, leadership, applications, and future directions. This source will become a classic reference and training tool.

Art Therapy for Groups - Marian Liebmann 2004-08-02

First published in 2004. Routledge is an imprint of Taylor & Francis, an informa company.

The Theory and Practice of Group Psychotherapy - Irvin D. Yalom 1995

Hailed by Jerome Frank as “the best book that exists on the subject, today and for the foreseeable future,” Irvin D. Yalom’s *The Theory and Practice of Group Psychotherapy* has long been the standard text in its field. Indeed, in a survey reported in the *American Journal of Psychiatry*, it was cited as one of the ten most influential psychiatry publications of the past decade, and it was one of the very few judged to be of “seminal or lasting value.” In this completely revised and expanded fourth edition—updated to reflect the American Psychiatric Association’s latest diagnostic manual, the DSM-IV—Dr. Yalom presents the most recent developments in the field, drawing on nearly a decade of new research as well as his own broad clinical wisdom and experience. This edition features new sections on combining individual and group therapy, the latest information about brief group therapy, and how to modify group work to deal with the newly emerging homogeneous focal groups (including survivor groups), as well as updated references and new clinical vignettes drawn from the author’s recent practice. Throughout, Dr. Yalom has updated the style and content of the chapters, while retaining valid research and clinical observations. Illustrating the text are vivid cases from nearly two thousand group sessions that he has led over the past decade. *The Theory and Practice of Group Psychotherapy* is an informative text that is at once scholarly and lively. This new edition is the most up-to-date, incisive, and comprehensive text on group therapy available today.

Handbook of Child and Adolescent Group Therapy - Craig Haen 2016-10-14

This handbook describes in detail different contemporary approaches to group work with children and adolescents. Further, this volume illustrates the application of these models to work with the youth of today, whether victims of trauma, adolescents struggling with LGBT issues, or youth with varying common diagnoses such as autism spectrum disorders, depression, and anxiety. It offers chapters

presenting a variety of clinical approaches written by experts in these approaches, from classic (play therapy and dialectical behavior therapy) to cutting-edge (attachment-based intervention, mindfulness, and sensorimotor psychotherapy). Because of its broad scope, the book is suitable for a wide audience, from students to first-time group leaders to seasoned practitioners. *Student Manual for Corey's Theory and Practice of Counseling and Psychotherapy* - Gerald Corey 2012-01-01

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The Wiley World Handbook of Existential Therapy - Erik Craig 2019-04-15

An existential therapy handbook from those in the field, with its broad scope covering key texts, theories, practice, and research *The Wiley World Handbook of Existential Therapy* is a work representing the collaboration of existential psychotherapists, teachers, and researchers. It's a book to guide readers in understanding human life better through the exploration of aspects and applications of existential therapy. The book presents the therapy as a way for clients to explore their experiences and make the most of their lives. Its contributors offer an accurate and in-depth view of the field. An introduction of existential therapy is provided, along with a summary of its historical foundations. Chapters are organized into sections that cover: daseinsanalysis; existential-phenomenological, -humanistic, and -integrative therapies; and existential group therapy. International developments in theory, practice and research are also examined.

Handbook of Counseling and Counselor Education - Mary Olufunmilayo Adekun 2019-07-23

This comprehensive handbook provides counselors in training, counselor educators, and professional counselors with the latest information on major contemporary issues impacting the field. The design of the book is both conceptual and practical, reflecting current trends and issues from the perspective of expert counselor educators, and provides an up-to-date discussion of the importance of multicultural awareness and skills. The book is split into helpful sections covering a range of areas including social and cultural diversity, neuroscience, risk prevention in counseling, writing and publishing research, and career development. Grounded in contemporary research and aligned with the 2016 CACREP core content areas, the *Handbook of Counseling and Counselor Education* is an indispensable resource for both graduate-level trainees and professional counselors alike.

Handbook on Animal-Assisted Therapy - Aubrey H. Fine 2011-04-28

The original edition was the first book to provide a comprehensive overview of the ways in which animals can assist therapists with treatment of specific populations, and/or in specific settings. The second edition continues in this vein, with 7 new chapters plus substantial revisions of continuing chapters as the research in this field has grown. New coverage includes: Animals as social supports, Use of AAT with Special Needs students, the role of animals in the family- insights for clinicians, and measuring the animal-person bond.

*Contributions from veterinarians, animal trainers, psychologists, and social workers *Includes guidelines and best practices for using animals as therapeutic companions *Addresses specific types of patients and environmental situations

Handbook of Psychotherapy in Cancer Care - Maggie Watson 2011-05-03

This new book by international experts in psycho-oncology has arisen from the teaching academies offered by the International Psycho-oncology Society. It

distills the wisdom and experience from the training manuals dedicated to individual psychological therapies and combines them into an accessible handbook for clinicians in cancer care today. The editors have brought together leading researchers and therapists, who provide accounts of the prominent models of psychotherapy currently being used in cancer care, the key themes they address and the essential techniques needed to apply each approach successfully. Helpful clinical illustrations are woven throughout the book to make overt the strategies found in each model. Provides practical guidance about how to deliver a range of individual, group, couple and family interventions that have proven utility in cancer care. Describes comprehensively each model of psychotherapy as taught by experts delivering the International Psycho-Oncology Society's Educational Academy on cancer care for patients and their families. Features practical suggestions on therapy delivery from the world's leading proponents of each therapy. Serves as a valuable tool to assist teaching and to facilitate research into psychological interventions in oncology, palliative care and bereavement. Functions as a readily accessible resource for clinicians struggling to support someone effectively, through its provision of insight into the common challenges and traps that arise when providing patients with emotional support. This practical handbook will help not only psychiatrists, psychologists and social workers but also physicians, surgeons, general practitioners and nurses interested in better understanding and supporting the patients and families they care for.

The Wiley-Blackwell Handbook of Group Psychotherapy - Jeffrey L. Kleinberg
2011-12-12

Group Psychotherapy "Finally, we have a book about group therapy that answers the question, 'Is there one book that covers the waterfront but is deep enough to provide more than just an overview of models, and can actually help me become a better group therapist?' This is such a book." International Journal of Group Psychotherapy "This volume reflects the expansion in the field of psychodynamic group psychotherapy that today incorporates a variety of theoretical perspectives. Leading experts from various countries provide the reader with a clear overview of the different approaches. In addition, there are chapters in this volume that deal with special populations and conditions of treatment. While providing a straightforward introduction to the plethora of material in the field, the volume will also serve as a comprehensive resource for any seasoned group psychotherapist." Howard D. Kibel, Professor of Psychiatry, New York Medical College and past President of the American Group Psychotherapy Association, USA The Handbook of Group Psychotherapy is a user-friendly guide to conducting group psychotherapy in various settings and with different populations. It has been

designed as a resource for new professionals, including graduate students in mental health, as well as more seasoned clinicians planning to integrate group psychotherapy into their work. Bringing together pre-eminent group psychotherapists from different theoretical perspectives and countries, the articles in this volume present their approaches to conducting groups with diverse populations in different settings. Written in straight-forward, jargon-free language, the articles directly speak to the needs of the mental health professional planning to begin a group or to strengthen an existing group. Whether combined with a formal class in group techniques, human relations, or group dynamics, or in an institute training group practitioners, or read as part of one's own professional development, this work is likely to advance the reader's clinical competency and strengthen their self-confidence as a leader. Using a personal style and speaking from years of experience, the contributors provide hands-on suggestions as to how a group leader really works. From determining patient or client needs, developing treatment goals, and constructing a group, to handling emergencies, the contributors address the needs of the new group leader. The articles also address issues of diversity and globalism, as well as trauma and resiliency, making this a truly post-9/11 contribution.

Counseling Muslims - Sameera Ahmed 2013-06-17

A young female client presents with anorexia nervosa and believes that her problem has its roots in magic; parents are helpless in the face of their son's substance abuse issues; an interracial couple cannot agree on how to discipline their children. How would you effectively help these clients while balancing appropriate interventions that are sensitive to religious, cultural, social, and gender differences? This handbook answers these difficult questions and helps behavioral health practitioners provide religio-culturally-competent care to Muslim clients living in territories such as North America, Australia, and Europe. The issues and interventions discussed in this book, by authoritative contributors, are diverse and multifaceted. Topics that have been ignored in previous literature are introduced, such as sex therapy, substance abuse counseling, university counseling, and community-based prevention. Chapters integrate tables, lists, and suggested phrasing for practitioners, along with case studies that are used by the authors to help illustrate concepts and potential interventions. Counseling Muslims is also unique in its broad scope, which reflects interventions ranging from the individual to community levels, and includes chapters that discuss persons born in the West, converts to Islam, and those from smaller ethnic minorities. It is the only guide practitioners need for information on effective service delivery for Muslims, who already bypass significant cultural stigma and shame to access mental health services.